

# Charikleia (Chara) VLASTARI-DYOVOUNIOTOU

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PSYCHOLOGIST-SOCIOLOGIST

PHD Candidate, Department of Sociology, Panteion University

**LICENCE OF PSYCHOLOGIST:** 1959/13-13-2013

**DATE OF BIRTH:** 07/08/1985

## PROFESSIONAL EXPERIENCE

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8/12/2021- : Day Centre for the Suicide Prevention, KLIMAKA, 1018

Hotline for intervention in the suicidal crisis.

9/2013-9/2020 : N.G.O. ONISIMOS

- Counseling to prisoners, to released prisoners and to members of their families (spouse, children), Building and development of a network of stakeholders such as entities (both institutional and social) which provide specialised support to vulnerable populations (e.g. N.G.O.s addressed to children, treatment programmes for substance users, N.G.O.s addressed to homeless people, refugees/immigrants, e.t.c.)

2014-2018 : «N.G.O. "TOGETHER FOR CHILDREN" (MAZI GIA TO PAIDI)

- Counseling to parents, adolescents and children via the 11525 Helpline
- Co-coordination of parent counseling groups and thematic seminars tailored to parents

2010-2011: Department of Oncology and Hematology, University Hospital of Nice (C.H.U.) Archet, France.

- Counseling support to the Department's patients and to members of their families. Co-coordination of the group counseling addressed to the members of the interdisciplinary team (physicians, nurses, etc).

2009-2010: Protection Maternelle et Infantile (P.M.I.), Directorate of Health and Solidarity, General Consulate of Alpes Maritimes, Nice, France

- Counseling to Women who are found in the perinatal period, to couples and to families.
- Participation in the interdisciplinary working groups in the context of the Child Adoption Programme and throughout all the process (approval process, monitoring, and counseling for the foster parents). Working position: Intern Psychologist.

2007-2008: National and Kapodistrian University of Athens, National Centre for Social Research (EKKE), Research Programme: "Pythagoras II:

Womens' academic careers".

April 2007-May 2007: National Centre for Social Research (EKKE), "WELLCHI NETWORK. The well-being of children: The impact of changing family forms, working conditions of parents, social policy and legislative measures". Project lease contract.

- Data collection on child poverty at national, European and international level listed in international databases and other organisations. Scientific coordinator: Laura Alipranti, Working position: Sociologist, external collaborator.

## EDUCATION AND TRAINING

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- 2012-2013 Postgraduate Certificate PGCert in Applied Systemic Theory (D4): "Systemic Approaches to Working with Individuals, Families and Organisations", University of East London and The Tavistock and Portman NHS Foundation Trust, London, United Kingdom.
- 2010-2012 Master (MA) in "Clinical Psychology and Psychopathology: Cross-cultural Psychopathology, Psychology of Social bonds and crisis situations" Université de Nice Côte d'Azur, Nice, France.
- 2008-2010 Bachelor in Psychology, Université de Nice Côte d'Azur, Nice, France.
- 2003-2007 Bachelor in Sociology, Department of Sociology, Panteion University of Social and Political Sciences, Athens, Greece.

## SPECIALISATION IN PSYCHOTHERAPY

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2013-2016 "Systemic Approach and Theory", The Athenian Institute of Anthropos (A.I.A./ A.K.M.A.).

## FURTHER EXPERIENCE IN RESEARCH

3/2020-3/2023: European Research Programme "BeSecure-FeelSecure\_A Holistic Risk Management Approach for Monitoring, Assessing and Forecasting for the efficiency, sustainability and resilience of Piraeus" {Code 2089}. Panteion University of Social and Political Sciences, via the Laboratory of Urban Criminology, Scientific coordinator: Prof. Christina Zarafonitou, Coordinating partner: Municipality of Piraeus.  
Working position: Researcher Psychologist-Sociologist.

PC. GLOBAL CERT, INTERMEDIATE A

FOREIGN LANGUAGES English and French, both at proficient level